



10am, Friday 18th October, Elm Bank M30 9BA
Speaker: Cliff Lansley from TV's *Faking It*
How to protect yourself against fraudsters

Last month's meeting

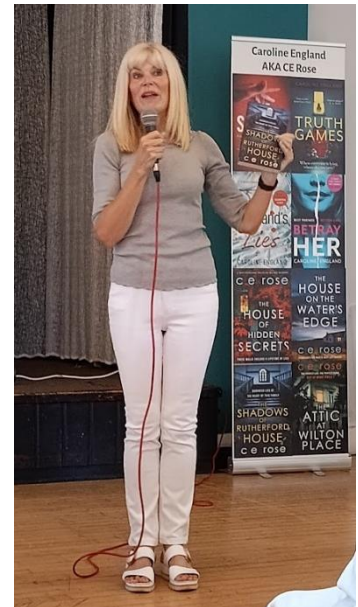
Caroline England entertained us with her life story – from lawyer to duchess of domestic noir.

Her first career in criminal and divorce law developed her fascination with people and relationships, and divorce petitions involved plenty of creative writing.

When she opted to be a stay-at-home mum, she started writing, initially for magazines, then short stories and finally novels. Her stories deal with secrets, dark motives and what goes on behind closed doors – all set in and around Manchester.

Who knew there were such goings-on around us!!

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That's the number of groups we now have, thanks to our wonderful convenors. New ideas always welcome, especially if you're willing to help turn them into reality. See our full group list [here](#).

## Update on our website

As many of you may have noticed, we have refreshed our Salford u3a website. The updates are nearly complete (I've yet to add convenor photos but I'll be doing that gradually over the next couple of weeks). We've based it on one of the latest models with plenty of new technical improvements, so we should be well-placed for a few years now. So take a look and, if there is anything you feel needs to be added or corrected, then do [let me know](#). Debra

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Lancashire Day Supper, Wednesday 27th November

Hotpot supper plus Lancashire entertainment from Rob Mason
Worsley Court House M28 2PB

Doors and bar open at 7: entertainment from 7.30

Great value for £15

[Book online](#)

Or pay by **Cheque/cash** at the October Social morning at Elm Bank



Ann Teale – a tribute from her friends

It is a great sadness to report that Ann passed away on Sunday 22nd September at St Ann's Hospice, which was a fitting place as she volunteered there for many years.

Ann was a very loyal member of Salford u3a for over 14 years and was the Membership Secretary for at least 5 of them. As well as being the Convenor for Play Reading for a long time, she helped at both Quiz Groups, marking and creating brilliant questions.

Ann (left) and friends



She also was a member of many groups – walking, book club, theatre, art & culture, wine appreciation, concert goers, curry club and Sunday lunch. Two of the groups she had been a member of for a long time were Book Club 1 where she was an invaluable member as she was an avid reader and loved historical fiction but did raise her eyebrows if the language in the book was colourful. She also gave her full support to the Theatre Group and always gave good feedback on both these groups.

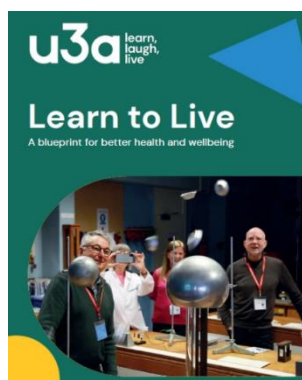
Attending so many groups is an indication of the many interests she had and through this she made a lot of friends and many of them have very fond memories of her. Some of these friends became close ones and socialised away from u3a as well, and all of them have fond memories of a loyal and special friend - having lunches (she loved good food), a drink or two of her favourite tipples, gin and wine, and various holidays in Norfolk, Durham, Lincoln, London and Canterbury etc.

She was a dedicated mother and grandmother and was very much involved with them; condolences from her u3a friends have been sent to her family.

She will be sadly missed.

You may like to [donate](#) to St Ann's Hospice and leave a few words in Ann's memory.

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**Report from national u3a** marking UN Day of Older People: Learn to Live: a blueprint for better health and wellbeing.

**u3a online events** [This month's offerings](#) include Food, foresight and the future of farming, Laughter yoga, and A Life in Expeditions



Earlier this month, we celebrated the volunteers - who make Salford u3a such a lively, sociable organisation - with afternoon tea at Salford Museum café.

Our groups, trips and social mornings are what keep our members' diaries full and attract new members.

Here are a few of our stars and you can find the full gallery [here](#).



## Group updates

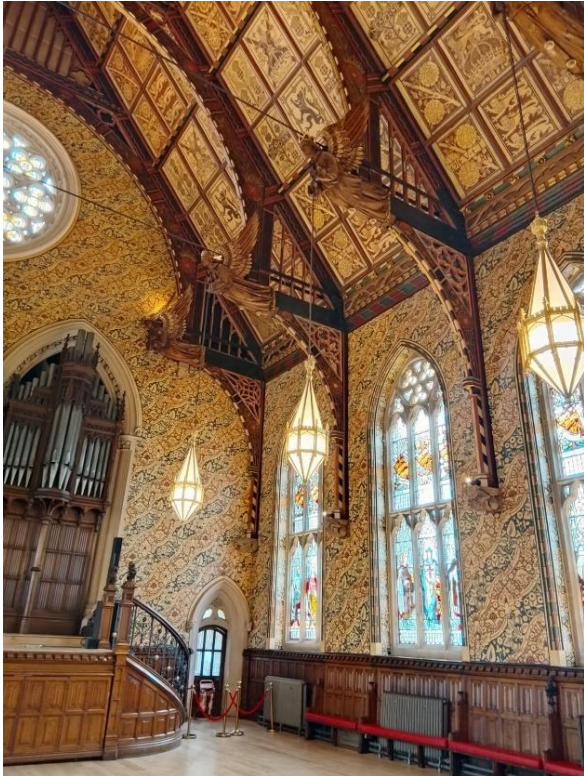
Our last [Science and technology](#) meeting talk was about the metal copper. It was delivered entertainingly and with confident authority by our member Len Heathcoat, who was an engineer by trade.

The talk covered copper's mining and historical uses from the bronze age to today, as well as the science and technology behind its mining, purification and the various alloys used for modern applications. It was well received by all members present and led to plenty of questions and discussion.

This was a remarkable achievement by Len, who is in his nineties and hard of hearing, could not work from notes due to his poor eyesight. I thought it deserved a special mention.

*Report from Geoff Anthony*

New members are always welcome: upcoming topics are "early space exploration" and "blood groupings, transfusion and the infected blood scandal". Please contact Geoff Anthony for further information.



The [Exploring Greater Manchester](#) group visited Rochdale Town Hall on Tuesday, 10th September.

The Town Hall has been closed for three years for restoration work - and what a restoration has been made! Two volunteer guides were available to show us around the 1871 building designed by William Crossland. Rooms that, over the years, had looked quite dark, were now showing their original, brighter colours. The final stop on the tour was the fabulous Great Hall.

Although actually it wasn't quite the final stop for some of us as we stayed for a light lunch in the Town Hall cafe.

A grand day out.

*Report from Sheila Thomas*

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Elsewhere ...

Salford benefits calculator [here](#)

Pension credit Apparently, there are around 3800 households in Salford with people eligible for Pension Credit and not claiming. If you think this could be you, or anyone you know, use the benefits calculator above to check your entitlement. For help completing the form, ring DWP on 0800 99 1234

Salford Rangers Team Keep an eye on their [Facebook](#) page to see the walks and events they're planning around Salford

ECHO [Events at Eccles Town Hall](#) include:

19th October at 2.30pm: Eccles Borough Band's Last Night of the Proms

26th October at 7.30pm: A Different Thread - folk, blues, world music