

August 2024

www.salfordu3a.com



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10am, Friday 16th August, Elm Bank M30 9BA Speaker: Something different – a mock trial!

Led by Rachel Medcalf who gave us an Introduction to the Magistracy at our February meeting

Last month's meeting



Brian Groom, a former journalist, was invited back to Salford u3a, this time to talk about the history of Manchester and Salford from recorded origins in Roman times, through Manchester's role as the key player in the Industrial Revolution and emergence as 'Cottonopolis', on to the development of the Chartists' work, the beginnings of the Suffragette

movement and the initiation of the pioneering Friendly and

Cooperative societies in the area, and so much more.

His book, *Made in Manchester*, promises more insights into Manchester's contribution in many other fields; science, the arts, music and sport (particularly football) and proved a popular purchase amongst our members.



National u3a

It's all change at the Third Age Trust, our umbrella organisation. Allan Walmsley was elected Chair and comes into post at the national AGM in October. Iain Cassidy will be the new CEO, also joining in October. We wish them every success in their new posts.

A proposal for a changed structure at the Third Age Trust, how decisions are made and how members' views are represented, will be put to the national AGM. To find out more, see the video on the Latest News page of our website.

Committee news

We're delighted that Diana Tyldesley has joined the committee, taking the role of Groups Co-ordinator, to provide a regular link between the committee and our convenors and interest groups. Diana will introduce herself in the next newsletter and will be making contact with all the convenors in the next three months.

News from groups



<u>Tai Chi</u> is having a summer break as members take holidays and organise grandchildren.

They'll re-start in September, hoping for more sunny days when they can practice outside.

If you'd like to join them for the restart, contact Convenor, George Waterhouse.

Great news about <u>Salford parks</u> earning a Green Flag award.

Our <u>Strollers</u> make the most of our beautiful parks for their fortnightly walks on Saturday mornings, all linked to public transport. Victoria Park (*right*) is on the list for next month.

If you're interested, contact Convenor, Denise Dickens.





The <u>Easier Walks</u> group enjoyed their walk and the company in Parr Fold park - another of Salford's Green Flag parks - and along the loopline.

Good to see the refurbished bridge at the East Lancs Road/Walkden Road is finally finished and open.

They go for gentle, local walks of no more than 3 miles on alternate Monday afternoons.

If you'd like to join them, contact convenor Brian Briggs.

Thanks to Trish Hall for the photo

New group

There's lots of interest in **Crafting** and we're ready to get this group off the ground.

If you enjoy card making, knitting, crochet, embroidery – other suggestions welcome – and particularly if you're willing to share your skills, join us for a brief get together at the end of the August Social morning at Elm Bank, where we can agree time, place, etc for the group and get things moving.



If you can't be there but want to be involved, contact salfordu3a@gmail.com

Coming up ...

From Beverley Robinson

I am holding another Coffee and Cakes event in my garden on 1st September, commencing at 1pm. It is to support the Thorne and Wibbersley charity who raise money for drug research at the Christie.

There will be a raffle, an auction, a book stall and other attractions in addition to delicious cakes and tea and coffee.

My address is 1 Greene Way, M7 3BP

u3a online learning events

This month's offerings include From Manet to Monet; Laughter Yoga; Scottish artist, Bet Low, who painted landscapes of the Scottish isles

Heritage Open Days

From 6th to 15th September. What's on offer? Check times, any limit on numbers and cost (very few have a charge)

- Churches opening their doors and offering behind the scenes talks and tours
- Lancashire Mining Museum Battle of Britain Afternoon Tea and Bevan Boys Display
- Conservation Studio at the People's History Museum
- and the Height Library will have our Quilting group's book themed quilt (right) on display, on loan from Eccles library



Salford CVS Learn with Lunch

Five weekly community-based learning sessions, with a free lunch. Sessions are informal, focusing on health & wellbeing topics for people over 50. It's free to join but booking is essential Email afs@inspiringcommunitiestogether.co.uk

Media City

Big screen showing sports and films, plus crafts, eats and much more throughout the summer and autumn.

Salford Museum and Art Gallery

From 31st August: <u>Two Artists, One City</u>: Salford artists Anthnoy McCarthy and Peter James Houghton both have deep connections with Salford and have witnessed the changing landscape over the past 20 years.

Until 25th August: Pinc College end of year <u>summer exhibition</u>.