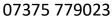


June 2024

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10am, Friday 21st June, Elm Bank M30 9BA Speaker: Neil Hanson: Inn and Out at the Top

 tales of running Britain's highest pub, The Tan Hill Inn, and Neil's life as a writer

Last month's meeting



There was a consensus that Janine White, from Recycle for Greater Manchester, was one of our best speakers for some time. She made what could have been a dry topic so interesting and informative and was able to handle the numerous queries we threw at her.

The best news, for me, was that waste doesn't end up in landfill but is compacted and incinerated to generate electricity to

power homes. And it was good to hear how our reusable, discarded items are recycled to be sold in the Renew Shops, with proceeds going to GM charities. More about the Renew Shops and Renew Hubs here.

Coming up, in and around Salford ...

Salford Museum and Art Gallery

Exhibition: Invisible Cities: until 1st September

The transformation of Salford between 1952 and 1974 when terraced houses and neighbourhoods were being replaced by modern architecture. Click or press here for more information.

Ordsall Hall

Historical Sunday Tours, 12.30 every week. £4. No booking required. Click here

ECHO (Eccles Town Hall)

25th June, 12 - 3pm: Health Fair

25th June, 7.30pm: GM Police Male Voice Choir with two Swedish choirs 30th June, 7.30pm: Salford Symphony Orchestra: *A Night at the Opera*

Salford Rangers

History walks coming up in July and August. Click here

North West Region u3a <u>AGM and conference</u>, 2nd July, Liverpool Activity, discussion groups and entertainment.

u3a online events

Cookery, yoga, Springsteen. the wonders of the universe and more. Click <u>here</u>



What's it like, being a convenor?

Rita Lewin - Book Club 4

I have been a convenor for Book Group 4 since January. I had been involved in a Salford u3a subgroup that had been pulled together to look at how we could attract younger members to join us. It was agreed that having more activities in the evening could be a good way to get more people involved, particularly those who may still be working part-time, or have other day time commitments. As I enjoy reading and liked the idea of pushing myself to read more than just crime and thrillers, I was happy to pick up the convenor role!



I got in contact with one of the staff at Eccles Library to agree the use of the library space for our monthly meetings, and to also get access to the spreadsheet of over 100 books which are available for book groups across Salford to borrow. At our first meeting in January, group members went through the spreadsheet, and we pulled together a draft list of books to read over the next 12 months.

We have interesting and fun chat about our book choices (including a range of opinions, as you might expect). I can also confirm that the group is definitely making me read books that I wouldn't normally choose to! It is still early days in my life as a convenor, but I am really enjoying it and looking forward to getting to know the group members better as the year progresses.



Beverley Robinson – Walking with Dogs

The Walking with Dogs group was set up after I found out that I was not allowed to take my dog on the other u3a walking groups. I saw a need and followed it up.

This was a couple of years ago. It is a small group of about 4 people and dogs. We meet monthly and we decide on a walk-by-walk basis where we want to go. I communicate this info via a WhatsApp group, with a reminder a day or two prior to a meeting. Some people have left the group due to other commitments or health but new people have joined.

It is a really easy job and it's fun to see the dogs getting along and being friends, like their owners.

You'll recognise Beverley from a previous What's it Like, being a Convenor? She's one of our very active volunteers as convenor for 3 groups, two of which she started, as well as being a welcoming presence at our monthly social meetings.

Thanks for all you do, Beverley

News from groups



An excellent turnout, as ever, for our largest group, **Local History**.

Marjorie Gee and Amos Millington gave us the history of the original Salford Royal Hospital, how it gained its royal charter and went on to serve the people of Salford through the centuries.

Marjorie and Amos gave an insight into their work experiences there, the changes over the years (such as when 7lb babies became 3.175kg babies) and some of the characters they came across.

Thanks to both of them for the talk, and for their contribution to our NHS.

A History of the ORIGINAL Salford Royal Hospital some personal recollections

Marjorie Gee and Arnos Millington

A wet but enjoyable day at Anglezarke for our **Pace Makers**

If you're up for walks around 7 miles in length, with varied terrain and some steep climbs and descents, contact our convenor, George Waterhouse.