



10am, Friday 16th February, Elm Bank M30 9BA
Speaker: Rachel Medcalf - Introduction to the Magistracy
+ Salford u3a AGM

Last month's meeting



Salford u3a AGM 2024 Agenda

1. Welcome and apologies
2. Minutes of AGM 2023
3. Chair's annual report: Mary McBride
4. Treasurer's financial report: David Jenkins
5. Adoption of accounts
6. Election of Accounts Examiner for 2024
7. Election of Committee Members
8. Thanks and close

We had an entertaining and informative talk about the work of the Guide Dogs charity, with live (and vocal!) canine models.

Guide Dogs is the biggest breeder and trainer of assistance dogs in the world. We heard how pups spend their first year or more with a puppy raiser, for socialisation, before they move on to basic training and then a mobility specialist, for matching with the person whose life they will change.

Salford u3a member, Margaret Davies, is a volunteer for Guide Dogs. She is always looking for people who can spare an hour or two to help rattling buckets for a supermarket collection. If you could help, contact margaretdavies93@gmail.com

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Welcome to the 22 members who joined us in January.

We'll invite you to a Welcome meeting shortly: meanwhile, we hope you're finding your feet and getting involved with Salford u3a activities.
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A message from Judith Gibson

"I would like to give all the members a BIG THANK YOU for all the used postage stamps that I have collected recently on behalf of the RNIB and the local Church. Apparently, they receive £20 for every 20lbs' worth of used stamps!!" Keep them coming!

Update from groups

Another **new for 2024** group!

It's been clear for some time that a faster-paced and more challenging walking group would be a welcome addition to our offering.

Last month, 10 members met for a planning meeting and out of this came **Pacemakers**.

The group will meet twice a month for a mix of longer and shorter walks, with a variety of ascent and terrain, all at a good pace.

Their first outing in March will be to Park Bridge and Daisy Nook. Many thanks to Howard Da Costa for taking the role of Convenor. Please contact Howard for further details.



Park Bridge

Our other **new for 2024** groups – **Quilting 2**, **Tai Chi 2** and **Book Club 4** – have all got off to a flying start, and **Paint and Sketch**'s Portrait Drawing course has also proved very popular. Great start to 2024!

The **Ukulele** group starts a new block of 6 sessions on 8th March. Contact Convenor, Brian Shorten, for more information.

Holiday Italian gets underway with nine sessions on 4th April at Swinton Gateway. It's suitable for complete beginners and for those with some basic Italian.

Contact Convenor, Mary McBride

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Some ideas from new members for possible groups

- Woodwork
  - Walking netball
  - Calligraphy
  - A new theatre group
  - An evening/early bird dining group
- Would you fancy any of these?

Email or phone us with your ideas

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Invitation from Bolton u3a

Bolton u3a **Archaeology group** meet via Zoom every second Thursday at 2.00pm

If any Salford members would like to join us, they can do so by emailing me on simmsmaggy15@gmail.com and confirming they are a member of Salford u3a.

The meeting link will be sent out shortly before each meeting

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Age-Friendly Salford's weekly newsletter has information about their Community Activities

- [Tech and tea](#)
- Learn with lunch
- Brew and chat
- [Walk and talk](#)

They also offer a Check and Chat telephone service for older people feeling isolated or lonely.

To get their newsletter, email [afs@inspiringcommunitiestogether.co.uk](mailto:afs@inspiringcommunitiestogether.co.uk)